

Phase 1 (A minimum of 90 days)

The client must make a commitment to attend all treatment sessions:

- Individual therapy sessions
- Group meetings and lectures
- Supervisory, family, and legal conferences as needed
- A minimum of five 12-step meetings each week
- The client must obtain a sponsor and attend a minimum of one meeting per week with the sponsor.

Phase 2

The timeline for this phase is open ended, thus removing the stress factor of completing the program in a prescribed period of time. The client must continue to work on areas that could lead to a relapse. The client may enroll in school or gain full or part-time employment that still allows the client to fulfill treatment and job obligations of the program. The client must continue to keep in contact with a sponsor and attend weekly meetings with that sponsor.

Phase 3

The client must obtain full-time employment or make other financially responsible arrangements. The client may be allowed to stay at the Siena/Francis House for one additional month in order to save money prior to moving out. The client must obtain a healthy living arrangement. Aftercare counseling begins once the client has moved out. Aftercare is arranged on an individual basis.

Therapy Available

Grief Recovery
Seeking Safety
Batterer's Intervention
Cognitive Change
Trauma Therapy
DBT
EMDR

Recovery Program Goals

- To enjoy continued long-term sobriety.
- To promote self-discovery through awareness of the dysfunctional behaviors that lead to harmful ways of living.
- To build positive self-esteem and self-respect.
- To become self-sufficient through formal education and/or full time employment.
- To gain and maintain a support system through involvement with the Miracles Alumni group

Miracles Treatment Center

For more information on the program or admissions contact:

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Siena/Francis House Homeless Shelter



Miracles Treatment Center

A 12-Step Residential Addiction Recovery Program

Siena/Francis House
Phone (402) 341-1821
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1702 Nicholas St. Omaha,
NE 68102

Siena/Francis House Mission:

The mission of the Siena/Francis House is directed toward a concern and care of the poor. This mission is realized in feeding the hungry, sheltering the homeless, and clothing the needy. This mission extends beyond merely answering physical needs to the acceptance and affirmation of the human person, the creation of an atmosphere of hospitality, and provision of purpose and meaning in the lives of people who struggle for survival. It is also the mission of the Siena/Francis House to call the greater Omaha community to a social consciousness and to enlist help and support in the care of the homeless and the indigent.

A Very Unique Program

The mission of the Siena/Francis House is enhanced by its Miracles Treatment Center.

The Siena/Francis House is unique in that it cultivates the kind of responsibility required for productive lives. One aspect of this initiative is that formerly homeless guests in recovery help run our shelter.

Clients of the Miracles Treatment Center enter our employment program, help run our shelter's programs, and receive a stipend.

Services Available

- Chemical dependency assessment/evaluation
- Individual, group, and family Counseling
- Job training and referrals
- Formal Education opportunities
- Housing assistance
- Presentations about recovery for the wider community

Who is Eligible?

Any male or female, 19 years or older, who sincerely wants help in changing his or her life by abstaining from any addiction (alcohol, narcotics, gambling, eating disorders, codependency, etc.). If a client also suffers from mental illness, this can be treated with medicine and therapy at our site.

What is the Cost?

An important aspect of our program is that it is offered at no cost to the client. Everyone in our Recovery Program works hard helping those less fortunate through a variety of jobs designed to help run and maintain our Shelter, Day House and Recovery Program. The rewards participants will receive from working and completing the program are immeasurable.

Program Requirements

The only requirement is that one has a sincere desire and willingness to commit to a minimum of 120 days in our residential program, enter our job training program, and provide 40 service hours per week in the shelter. An exception can be made if 30 days were spent at a separate residential program prior to entry at the Siena/Francis House. This time may count towards the 120 day requirement.

Program Components

Pre-entry/Detox/Readiness Stage (14-30 Days)

When the client initially comes to the Siena/Francis House, he or she will attend treatment sessions Monday through Friday, as well as be assigned a position in the daily functioning of our shelter. Within 30 days of continuous sobriety, the client will be eligible to enroll in the Miracles Treatment Center Program. If the client has just completed an inpatient program elsewhere and comes directly to us, he or she may immediately enter the first phase of the program.