



GIFTS OF STOCK/MUTUAL FUNDS

Did you know that Siena Francis House accepts gifts of securities, such as stocks and mutual fund holdings?

HOW: You transfer appreciated stocks or mutual fund shares you have owned for more than one year to Siena Francis House. We will sell your securities and use the proceeds to support our programs that serve the homeless.

BENEFITS: You will receive an immediate income tax deduction for the fair market value of the securities on the date of their transfer, regardless of what you originally paid for them. You will pay no capital gains tax on the shares you transfer when we sell the securities.

Gifts of appreciated securities and mutual funds are deductible up to 30 percent of your adjusted gross income the year you make the gift.

For information regarding making a gift of stocks or mutual funds, please contact Siena Francis House's Director of Finance/Controller John Bendon at 402-341-1821 EXT 1124 or jbendon@sienafrancis.org

SO MANY WAYS TO PROVIDE SUPPORT!

Siena Francis House is grateful for the sustained financial support we receive which funds our programs that serve those in our community who are most in need. You may be interested to know that there are many options to consider and choose from, when making a financial gift to the Siena Francis House:

- **Send a check, cash or money order to:** Siena Francis House-PO Box 217-Omaha, NE 68101.
- **Make an online gift,** using a credit or debit card or bank/ACH transfer at sienafrancis.org.
- **Set up a Recurring Donation** (Weekly, Monthly, Quarterly or Yearly), also at sienafrancis.org.
- **Text HOPE to 877-380-1198.**
- **Make a gift of stocks or mutual funds,** or a Qualified Charitable Distribution from an Individual Retirement Account (for those 70 ½ and older).
- **Make an estate planning/legacy gift in your will,** one that will provide housing and hope for those in need to last well into the future.

For additional information regarding making a monetary gift and for details regarding making a gift of stock or a gift from an IRA, please contact Siena Francis House's Director of Finance/Controller John Bendon at 402-341-1821 EXT 1124 or jbendon@sienafrancis.org



Serving Hope to the Homeless

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DO YOU KNOW ANYONE WHO MAY BE INTERESTED IN KNOWING MORE ABOUT US?

If you would like us to send them our quarterly newsletter, please contact Ann Corporan at acorporan@sienafrancis.org or by phone at 402-341-1821, extension 1130.

Follow us on Facebook: [sienafranchishouse](https://www.facebook.com/sienafranchishouse)
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Siena Francis House's Mission

The Siena Francis House welcomes and empowers those experiencing homelessness to navigate their path to housing.

Siena Francis House's Values

- Advocacy:** We believe everyone matters and we are committed to being the leading voice to end homelessness.
- Integrity:** We take ownership in making ethical and honest decisions that are demonstrated in all of our actions and practices.
- Collaboration:** We believe in the power of working together for those we serve.
- Innovation:** We embrace change and welcome new ideas and partnerships, in order to provide the highest quality of service.
- Stewardship:** We are transparent in cultivating and utilizing resources entrusted to us in the service of those seeking assistance.
- Compassion:** We respond with dignity and unconditional acceptance to the people we serve.



HOPE
NOTES
FALL 2022

SIENA
FRANCIS
HOUSE

Serving Hope
to the Homeless

Read about...
David Kuiper
The Kim Foundation
Stock Giving
Run/Walk Event

MEET DAVID KUIPER

"I am forever grateful for Siena Francis House."

Meet David Kuiper, the Donations Driver for Siena Francis House! He has been part of our staff for 2.5 years and counting! His life story of how he ended up at Siena Francis House and how he changes lives daily for the better is one of true inspiration.

David describes his life before Siena Francis House as lacking purpose. He was living a life that was selfish and sabotaged many relationships around him. This caused him to spiral down a path of addiction. When he walked through the doors of Siena Francis House, the buddy who dropped him off here said that he would pick him up in 30 days and give him somewhere to live if he did not find the help he needed here. At the beginning of the 30 days, he was counting down the hours just to get to the end of the 30 days. But by the end of the 30 days, he had found his way into our Miracles Program for treatment, a supportive community and a fresh start.

"Siena Francis House is a beacon of light, while I was struggling through the darkness. They gave me hope while I was hopeless."

When asked where he would be without Siena Francis House, his response was, "I truly believe I would be locked up, deceased, or institutionalized."

Looking at him now, David is the personable, positive and kind man he always was meant to be. Celebrating 10 years of sobriety and how that put his life on a whole new trajectory is why we are grateful he ended up at Siena Francis House. He serves others, wears his heart on his sleeve and shares his story to help inspire positive change in those around him. His story inspires people daily and we are excited to share more about David's story later this year!



HELPING PROMOTE A STRONG BODY AND MIND THE CONNECTION BETWEEN HOMELESSNESS AND BEHAVIORAL HEALTH AT SIENA FRANCIS HOUSE

When an individual experiencing homelessness arrives on campus seeking support from one of our core programs, a series of questions are asked upon intake. As a low-barrier shelter, no adult is screened out for services, rather clients are asked to voluntarily answer a number of inquiries designed to help us provide them with trauma-informed, individualized care. Among these questions? Do you now, or have you ever, had a mental health diagnosis or disability?

In 2021, 49% of all clients across all Siena Francis House programs self-reported in the affirmative.

Locally, this figure is alarming, especially when considering that the Substance Abuse and Mental Health Services Administration (SAMHSA) found that approximately 30% of those experiencing chronic homelessness have mental health conditions, with 50% having co-occurring substance abuse problems. With 42% of Siena Francis House clients self-reporting addictions to drugs and/or alcohol, operating a residential treatment facility onsite ensures that referred clients can easily access these long-term residential services.

While the on-site Miracles Residential Addiction Treatment and Recovery Program is best known for its work with those suffering from chemical and alcohol dependence, understanding the connection between addiction and mental health is crucial to individual success. Using a 12-Step approach grounded in evidence-based therapies, the Miracles Program encourages peer support and involvement with the local 12-Step community. Specifically, the program utilizes the evidence-based practices of Cognitive Behavioral Therapy and Motivational Interviewing. Counseling sessions are facilitated by state-licensed counselors and therapists specializing in mental health and addiction who have experience in trauma-informed care. Classes explore topics such as: fundamentals of the 12 Steps, cognitive behavioral therapy, dual diagnosed illnesses, grief recovery, dysfunctional beliefs, trauma, anger management, and relapse prevention.

Success at Siena Francis House does not happen in a silo. Working together with groups, such as The Kim Foundation, provides expertise on mental health and the funding necessary to address the connection between mental health and homelessness. Offerings like the Miracles Program support The Kim Foundation's vision of a community free of suicide and affirms the importance of quality mental health services. One such way the two groups work together is participation in the Metro Area Suicide Prevention Coalition, led by Region 6 Behavioral Health and The Kim Foundation.

Chief Program Officer, Michelle Bobier: "Siena Francis House recognizes that drug use and mental illnesses often coexist. Drug use may exacerbate an existing mental illness like anxiety, depression, or schizophrenia; mental illness also may be triggered by drug use. This is why partnerships like the one we have with The Kim Foundation are so important to the complete understanding of how to holistically serve the needs of our clients."

The importance of working together is emphasized by Julia Hebenstreit, Executive Director of The Kim Foundation:

"The Kim Foundation believes in the work that Siena Francis House is doing by reaching one of our most vulnerable populations with mental health support and advocacy. Without them, these individuals likely wouldn't have the support through their journey toward recovery."

The root cause of homelessness is not found in just one cause or source. There is a powerful connection between the missions of homelessness agencies, treatment communities, and mental health providers and advocates – and much to be gained when these groups work together around their common goals.



28TH ANNUAL HOPE FOR THE HOMELESS 5K RUN/WALK

Our 28th Annual Hope for the Homeless 5k Run/Walk was held on September 18th at The RiverFront. This was the first-ever running event at the newly renovated Gene Leahy Mall. Over 200 participants, 22 volunteers, and 15 sponsors made this a success!

We want to take the opportunity to thank Peter Kiewit who was our Mission Sponsor this year and all of our other sponsors: Abe's Trash, Alley Poyner Architecture, American National Bank, Bridges Trust, Broncos Hamburgers, Clark Creative Group, Deloitte, Eide Bailly, Firespring, HDR, Ideal Pure Water, Physicians Mutual, Pinnacle Bank and, Valmont Foundation.

Siena Francis House is so fortunate to have such a giving community that supports the critical services we provide!

